Online Violence Prevention with “Haven”

Evidence-based program addresses stalking, sexual assault, and relationship violence

CARE offers free, confidential advocacy and resources to students, staff, and faculty impacted by dating and domestic violence, sexual assault, or stalking. CARE also facilitates primary prevention education through Haven, an online educational experience that increases students’ violence prevention knowledge. All incoming undergraduate and transfer students participate in Haven. The below survey data creates a picture of student experiences and their acquired violence prevention knowledge.

**Technology Effort**

In 2017, a total of 5,770 students completed Haven and answered surveys regarding the experiences they had with violence before they attended UCSB. Of the total surveyed:

- 14% experienced unwanted sexual contact
- 8.5% experienced abuse or threats of abuse by a current or former partner
- 13% experienced repeated unwanted attention or harassment

Collecting data on student experiences helps facilitate CARE’s mission to develop accessible services and reduce barriers faced by survivors.

**Impact of Technology Effort**

By participating in Haven online, students have a greater awareness of resources available to them. As a learning tool, over 70% of students rated the following as “Strongly Agree” or “Agree”:

- Helped me identify characteristics of healthy and unhealthy relationships
- Made me more confident to intervene when I see concerning behavior
- Increased my understanding of school policies related to issues of consent, sexual assault, relationship violence, sexual harassment, and stalking
- Gave me information about sexual consent that I plan to use if I choose to be sexually active

Overall, Haven’s data allows CARE to tailor prevention efforts to build upon students’ existing knowledge and skills.